



2026 INFO PACK



A POSITIVE GYMNASTICS MOVEMENT



It's our mission to create a positive gymnastics movement, especially within the competitive space of our sport. We want everyone involved in AGC to feel inspired to celebrate their best and supported to reach their full potential, no matter which path they choose.

We're passionate about supporting clubs in developing not only physical skills, but also social, emotional, and mental well-being at the highest levels of our sport, so gymnasts can achieve their very best.

NEW CLUB INFO

Welcome to Australian Gymnastics Competitions (AGC)

AAGC is a positive, athlete-focused competition pathway designed to support progression, confidence, and community. We are always excited to work with like-minded leaders who are passionate about building strong, supportive programs for their athletes. We look forward to welcoming new clubs into the AGC community - a space built on positive competition experiences, clear progression pathways, supportive judging, and strong club relationships. We can't wait to see your athletes on the AGC floor.

Our Competition Pathway

AGC offers five core leagues:

- Development League
- Junior League
- Club League
- Rep League
- Pro League (by selection from each Rep League season)

Competition Rounds

Clubs can choose which rounds to attend during the season. An athlete's average all-around score across the season helps determine placement into the most suitable division at State and National Championships. For the best placement, we recommend competing in all rounds across the season.

Competition Format

Each competition session runs for approximately two hours. Routines are scored out of 10.0 by our trained AGC Crew. Athletes may earn up to 0.2 WOW Points at the judges' discretion for high-level skills, artistry, confident performance, and standout execution. This system encourages performance quality while keeping scoring simple and transparent.

Championships

State and National Championships are combined into one highlight championship event, held in a select state each year. Entry is open to all states and includes all leagues from Development through Rep League across two days of competition. Athletes may enter regardless of the number of rounds they attend, though attending more rounds improves division placement accuracy.

Competitions take place in a stadium-style environment. Gymnasts are placed into divisions based on seasonal average scores, similar to basketball grading. Clubs receive a four-day schedule, which includes two competition days, a rest day, and for interstate clubs a training day at a local club - all included in the entry fee.

Manuals and Registration

All current manuals, skill guides, and club registration information can be found at www.agcleagues.com/clubs. Clubs should ensure they are working from the current competition year's manual, updated each February. Once your club is ready to join, we will set you up in Flip The Scores, which allows clubs to:

- Register athletes
- Create teams
- Manage gymnast details
- Track live competition results throughout each round

A step-by-step guide is provided upon setup or can be found in the "Clubs" section of our website.

See AGC in Action

Follow @agc_leagues on Instagram and TikTok to see competition highlights, behind-the-scenes moments, athlete celebrations, and event updates.

Support and FAQs

If you or your coaching team have questions, our FAQ page is a great place to start. You can also contact us directly at events@agcleagues.com.au.

COMP INFO

Leagues

1. Development League
2. Junior League
3. Club League
4. Rep League
5. Pro League (a new format, selected from Rep League during the season)

Rounds

Rounds are state-based, and the full schedule can be found on our website at www.agcleagues.com/events.

States & Nationals

States and Nationals will be hosted in Victoria in 2026 and are open to all states. Every league is eligible, with no qualification score required. All gymnasts will compete across two days of stadium competition, which includes both State and National results. More details are provided on the final page.

Competition Fees

Competition fees for each round are due in full four weeks prior to the competition date. Clubs will be invoiced, and **full payment** is required to participate. All prices are listed exclusive of GST.

Refunds

Refunds are only accepted if a medical certificate is provided. Requests should be sent to events@agcleagues.com.au and may take up to three weeks to process during the season.

What Fees Include

Fees include one free spectator ticket code per participant, judges provided by AGC, awards for 1st–6th place, and overall merchandise prizes for 1st–3rd per round. Collectable giveaways are provided for all participants at every round. For States and Nationals, the combined fee covers both days of competition, a training day, and results and merchandise prizes for 1st–6th place in every division.

Registration - Flip The Scores

To register, clubs need to activate their Flip the Scores account. To do this, email events@agcleagues.com.au with the following details:

- Club Name
- State
- Club Manager / Account Manager full name
- Contact email
- Contact phone number

Once submitted, each club will receive an activation email from Flip the Scores with instructions.

Key Dates

May 31 - Entries Close: Comp entries for all rounds must be submitted by this date. All gymnasts you intend to compete should be registered.

June 22 - Music Submission: All music must be submitted via email to events@agcleagues.com.au.

Week of June 23 - Workorders Released: AGC will send clubs the workorders for the full season, covering all rounds.

Music

Music should be saved as an MP3 or MP4 file and named as:

"Club Name > Child's Full Name > League"

If the same music is used for all gymnasts in a league, use:

"Club Name > League"

Teams

Team preferences for all rounds before championships must be selected on Flip the Scores. Make sure selections are finalised when entires close.

Team preferences for Championships (States/Nationals) are due 2 weeks before the event.

Spectator Tickets

Each parent will receive a code for one free ticket. Clubs are responsible for communicating entry details. Tickets must be purchased prior to entry.

- Rounds: \$12 per seat
- Championship Event: From \$15 per seat

PER ROUND

\$109

PER COMPETITOR (EXCL. GST)

STATE/NATIONALS
2 DAYS INCL

\$269

PER COMPETITOR (EXCL. GST)

2026 UPDATES

States & Nationals - "Championship Event"

NEW in 2026! We're changing up the highlight event of the season to bring you a bigger and better experience: AGC Championships. Entry is open to all states and includes all leagues, from Development League through to Rep League.

Held in Victoria, this is a two-day stadium competition where gymnasts from all leagues compete head-to-head, with both State and National results determined at the conclusion of the event. Clubs will receive a 4-day schedule within the advertised week of competition, with gymnasts attending in the following format:

- Day 1: Competition Day 1
- Day 2: Rest day
- Day 3: Training day for Interstate Clubs (included in the entry price, held at a local club)
- Day 4: Competition Day 2

Results will be split into specific State results, and the combined results across both days will produce National results. Divisions are based on the season average score from round attendance. Clubs that only elect to compete at Championships will be placed in Division 1, with up to four divisions per league depending on size.

Competition Uniform

Normal competition uniform requirements apply. Gymnasts may also wear bike shorts or leggings over leotards.

Additional Support & Team Spirit

We love seeing clubs get into the spirit and bring extra support gear! The energy and vibes are always welcome. To keep our gyms safe and clean, please avoid streamers or pom poms at events.

Judging & Routine Guide

All details to help clubs understand judging, routine composition, and league selection can be found in the manual on the "Clubs" section of the website.

Pro League 2026 - New Format

From 2026, the Pro League format at the Championship event has been updated. Eligibility for selection will now be based on participation in Rep League rounds during the season.

To give gymnasts the best possible chance for selection, we strongly encourage all gymnasts aiming to compete in Pro League at Championships to participate in at least one Rep League round during the season.

This change is designed to:

- Strengthen gymnast preparation and competition experience
- Provide clearer performance pathways
- Ensure fair and transparent selection for Pro League qualification

Further details regarding specific selection criteria will be shared as they become available.

AGC